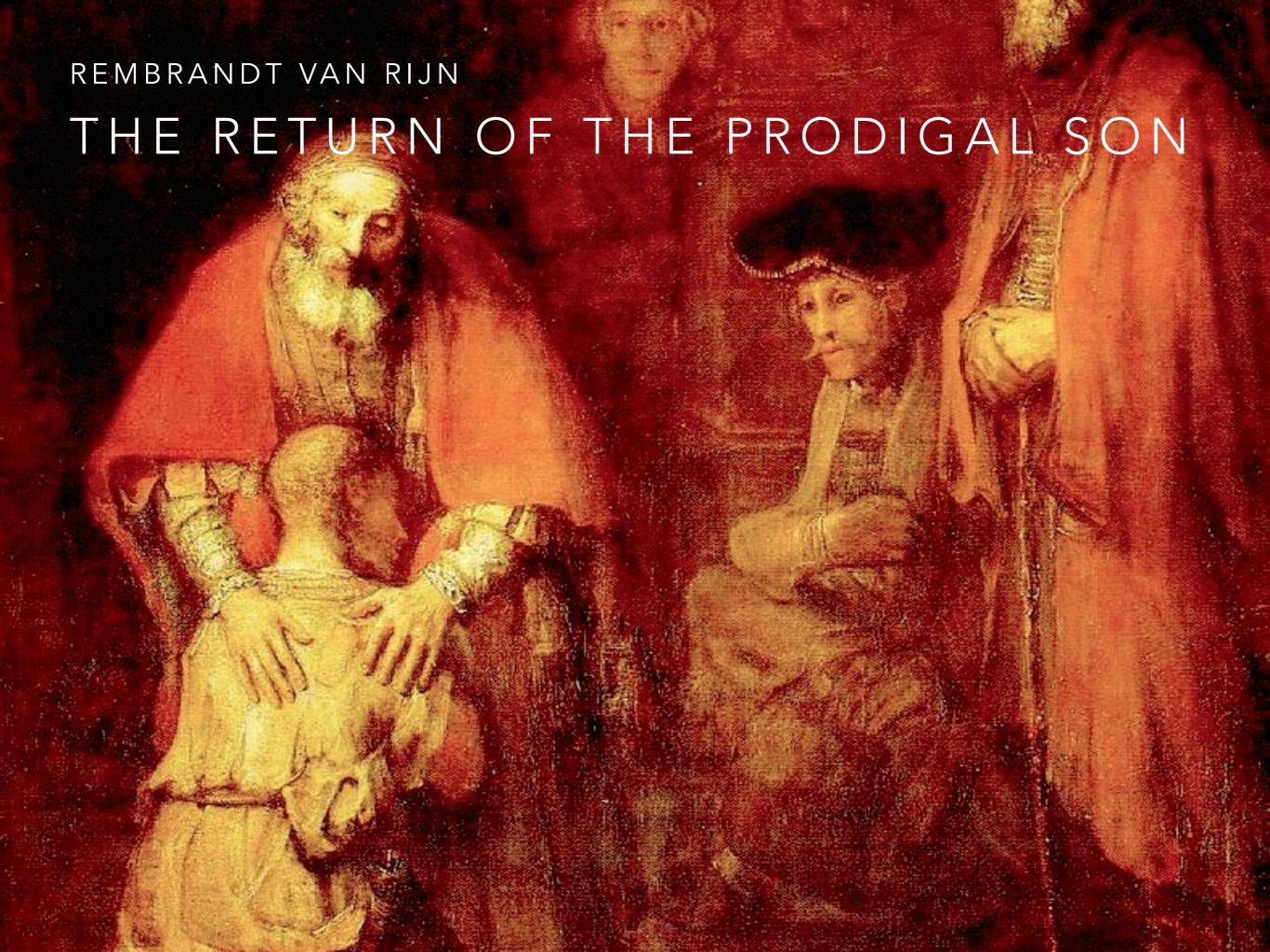
CATHOLIC FAMILY IN TODAY'S WORLD

FATHER HEART OF GOD











"The desire for God is written in the human heart, because man is created by God and for God; and God never ceases to draw man to himself. Only in God will he find the truth and happiness he never stops searching for."

-CATECHISM OF THE CATHOLIC CHURCH 27





RESEARCH ON CONNECTION

- Brought love, belonging, joy, creativity, purpose, meaning
- One group talked about DISCONNECTION & SHAME
- Difference in belief "I'm worthy of love & belonging"

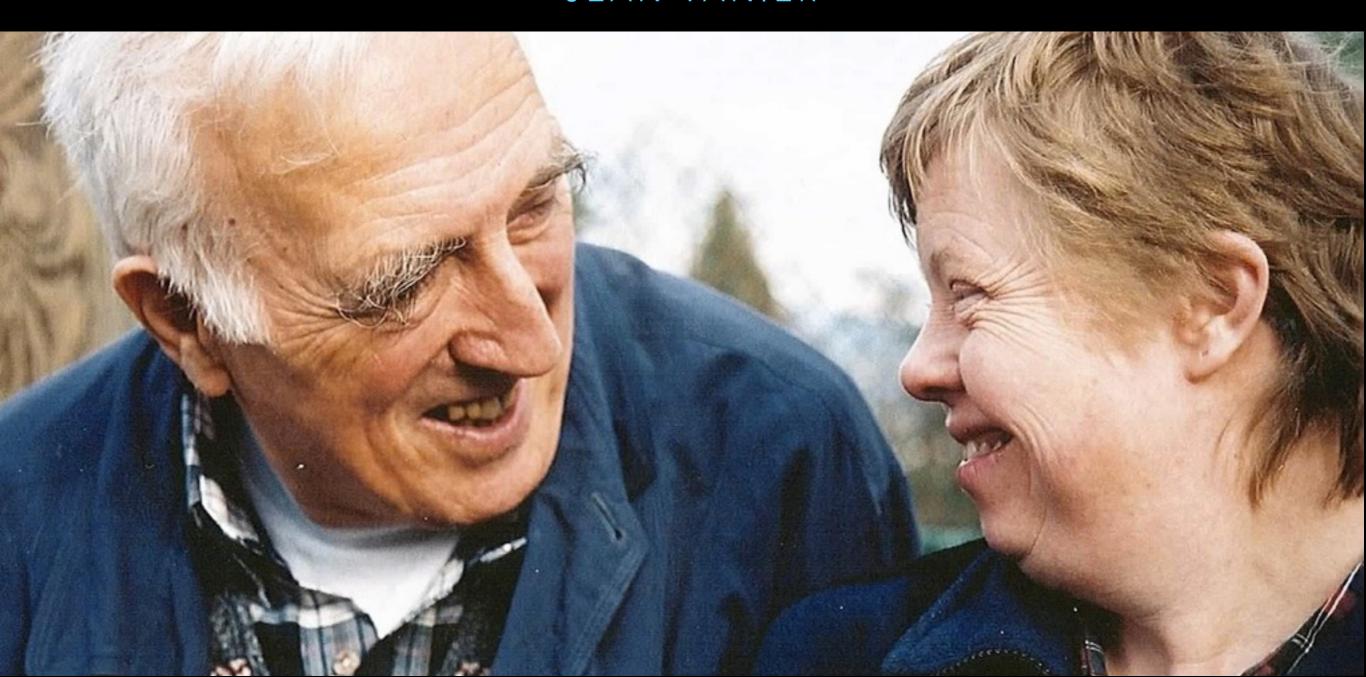


RESEARCH ON CONNECTION

- COURAGE = "WHOLE-HEARTEDNESS"
 - to tell the story of who I am with my whole heart
 - to be imperfect, be kind to self, letting go of who they thought they should be
- VULNERABILITY
 - Be seen, be deeply seen, be vulnerably seen

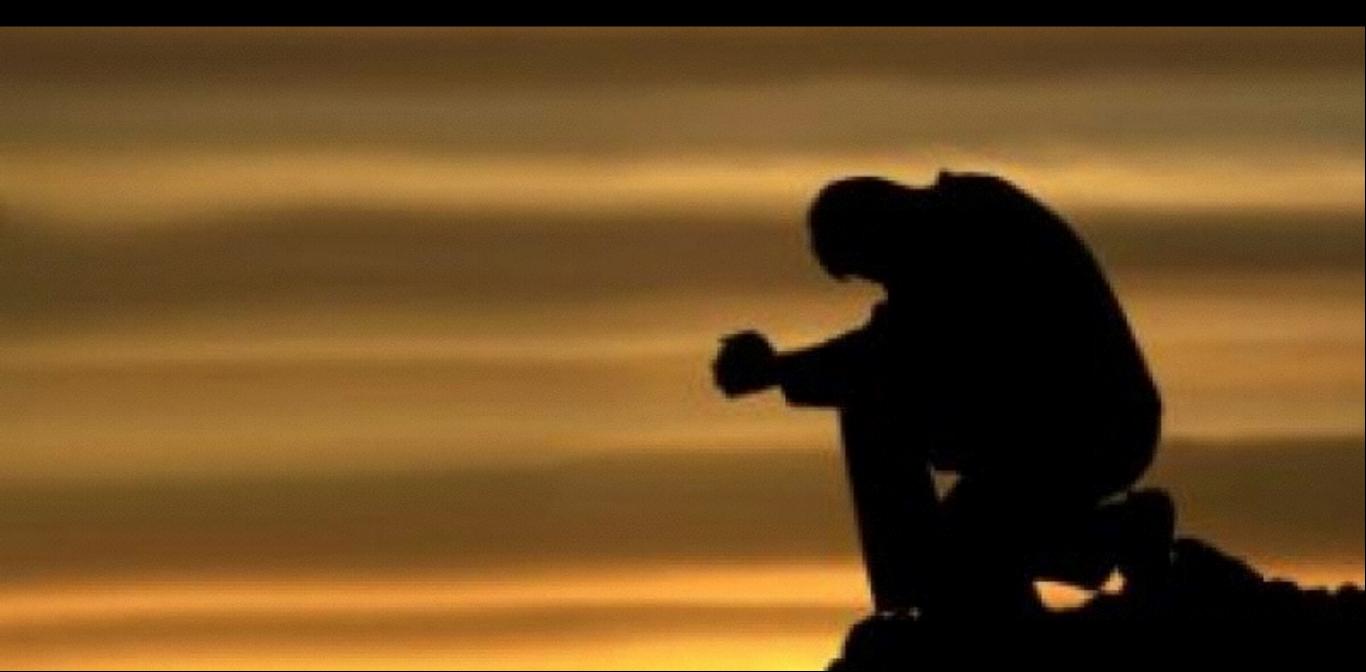
"Growth begins when we begin to accept our own weakness."

-JEAN VANIER



"And after you have suffered a little while, the God of all grace, who has called you to his eternal glory in Christ, will himself restore, establish, and strengthen you."

-1 PETER 5:10



"To be human is to accept who we are, this mixture of strength and weakness. To be human is to accept and love others just as they are... weakness carries with it a secret power. The cry and trust that flows from weakness can open hearts. The one who is weaker can call forth powers of love in the one who is stronger."

